ABSTRACT OF THE DISCLOSURE

A recording method by which rewriting is performed with high sensitivity and favorable display on-off operation is performed, and which may be driven by a compact, low-cost power supply, and further make color display, a photo addressable recording medium, a display device and a recording device which are used in the recording method are provided. According to the recording method, voltage is applied to the photo addressable recording medium having an optical switching element, the resistance component of which is controlled at least according to the direction of applied voltage and a display element, and the ratio of the resistance component depending on the direction of applied voltage of the optical switching element is controlled to control the charge storage amount to the display element, thereby controlling the display. The photo addressable recording medium, the display device and the recording device are used in the recording method.